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Alexandria Virgiria 22313-1450 on:

Date: 9/28/06

Elizabeth B. Lavallee

Attorney Docket Number: 520-24-003

## IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

In re Application of:

Richard Malchar

Serial No: 10/658,615

Examiner: L. Amerson

Filed: September 9, 2003

Art Unit: 3764

For: An Abdominal And Torso Strengthening Apparatus

## RESPONSE TO OFFICE ACTION

Mail Stop Petition Commissioner for Patents P.O. Box 1450 Alexandria, VA 22313-1450

Dear Sir:

In response to the Office Action dated March 9, 2006, please amend the aboveidentified application as follows:

Amendments to the claims begin on page 2.

Remarks begin on page 6.